Non-inferiority studies: non-sense or sense?

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ORIGINAL REPORT

Phase III Noninferiority Trial Comparing Irinotecan With Oxaliplatin, Fluorouracil, and Leucovorin in Patients With Advanced Colorectal Carcinoma Previously Treated With Fluorouracil: N9841

George P. Kim, Daniel J. Sargent, Michelle R. Mahoney, Kendrith M. Rowland Jr, Philip A. Philip, Edith Mitchell, Abraham P. Mathews, Tom R. Fitch, Richard M. Goldberg, Steven R. Alberts, and Henry C. Pitot

Purpose

The primary goal of this multicenter phase III trial was to determine whether overall survival (OS) of fluorouracil (FU) -refractory patients was noninferior when treated with second-line infusional fluorouracil, leucovorin, and oxaliplatin (FOLFOX4; arm B) versus irinotecan (arm A). Cross-over to the other treatment on disease progression was mandated.

Rheumatology 2007;46:496-507 Advance Access publication 27 August 2006

Efficacy and safety of etoricoxib 30 mg and celecoxib 200 mg in the treatment of osteoarthritis in two identically designed, randomized, placebo-controlled non-inferiority studies

C. O. Bingham III, A. I. Sebba¹, B. R. Rubin², G. E. Ruoff³, J. Kremer⁴, S. Bird⁵, S. S. Smugar⁵, B. J. Fitzgerald⁵, K. O'Brien⁵ and A. M. Tershakovec⁵

Objective. To compare the efficacy of etoricoxib 30 mg with the generally maximum recommended dose of celecoxib, 200 mg, in the treatment of osteoarthritis (OA) in two identically designed studies,

Methods. Two multi-centre, 26-week, double-blind, placebo-controlled, non-inferiority studies were conducted, enrolling patients who were prior non-steroidal anti-inflammatory drug (NSAID) or acetaminophen users. There were 599 patients in study 1 and 608 patients in study 2 randomized 4:4:1:1 to etoricoxib 30 mg qd, celecoxib 200 mg qd or one of two placebo groups for 12 weeks. After 12 weeks, placebo patients were evenly distributed to etoricoxib or celecoxib based on their initial enrollment randomization schedule. The primary hypothesis was that etoricoxib 30 mg would be at least as effective as celecoxib 200 mg for the time-weighted average change from baseline over 12 weeks for Western Ontario and McMaster (WOMAC) Pain Subscale, WOMAC Physical Function Subscale and Patient Global Assessment of Disease Status. Active treatments were also assessed over the full 26 weeks. Adverse experiences were collected for safety assessment.

Results. In both studies, etoricoxib was non-inferior to celecoxib for all three efficacy outcomes over 12 and 26 weeks; both were superior to placebo (P < 0.001) for all three outcomes in each study over 12 weeks. The safety and tolerability of etoricoxib 30 mg qd and celecoxib 200 mg qd were similar over 12 and 26 weeks.

Conclusions. Etoricoxib 30mg qd was at least as effective as celecoxib 200mg qd and had similar safety in the treatment of knee and hip OA; both were superior to placebo.

1. Review of study designs

- Type of null-hypothesis:
 - Superiority
 - Equivalence
 - Non-inferiority
- Here, only two-group comparisons: E(experimental) & C(ontrol)

1. Review of study designs

• **Superiority trial:** most classical design

Prove that E is better than C

• **Equivalence trial:** showing bio-equivalence

Show that **E** is <u>equivalent</u> to **C**

• Non-inferiority trial: popular in active –controlled trials

Show that E is not (much) worse than C

- Example I: GUSTO-I study (NEJM, 1993)
 - Comparison of two thrombolytic drugs: SK (C) and rt-PA (E)
 - Primary endpoint = 30-day mortality (binary)
 - SK: **10,370** patients rt-PA: **10,348** patients
 - SK: 7.4% rt-PA: 6.3%
 - $\mathbf{H}_0: \Delta = \mathbf{0}$
 - Chi-square test: 8.94 **P=0.0028**
 - 95% C.I. for ∆: [0.36%, 1.73%]

- Example II: part of GUSTO-I
 - Comparison of two thrombolytic drugs: SK and rt-PA
 - Primary endpoint = 30-day mortality (binary)
 - SK: 1,000 patients rt-PA: 1,000 patients
 - SK: 7.4% rt-PA: 6.3%
 - $\mathbf{H}_0: \Delta = \mathbf{0}$
 - Chi-square test: 0.79 **P=0.37**
 - 95% C.I. for ∆: [-1.21%, 3.21%]

• Conclusions:

- Ex I: significant result ⇒ SK & rt-PA have different effect
- Ex II: non-significant result ⇒ SK & rt-PA have same effect???
- Can we conclude for example II that SK & rt-PA are NOT different?

Non-significant result **DOES NOT** imply that two treatments are equally good(bad)

One can NEVER prove that two treatments are equally good (bad)

- Classical result:
 - $P < 0.05 \Leftrightarrow 95\%$ C.I. does NOT include $\Delta = 0$
 - $P \ge 0.05 \Leftrightarrow 95\%$ C.I. includes $\Delta = 0$
 - Two-sided 95% C.I. ⇔ 1-sided 97.5% C.I.
- Classical test = **superiority** test
- Classical trial = **superiority** trial
- Assumed Δ (in sample size calculations) for superiority trial = Δ_s

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TABLE 2a. Primary end points: analysis of TWA change from baseline (flare/randomization visit) averaged over weeks 2, 4, 8 and 12 (mITT Population), study 1

N	Baseline		Treatment		vs Celecoxib 200 mg ^a			vs Placebo		
	Mean	S.D.	Mean	S.D.	Difference	95% CI	Р	Difference	95% CI	Р
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236	67.5	16.3	42.8	22.9				-11.95	(-16.57, -7.32)	< 0.001
126	66.6	16.2	54.2	24.6						
Junctio	n Subscale									
228	65.5	17.6	42.2	22.9	-1.74	(-5.53, 2.05)	0.367	-12.86	(-17.40, -8.31)	< 0.001
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Superiority tests

Aim superiority trial: Show that E is better than C

How? Show that 95% C.I. does not contain 0 = significant at 0.05



 $H_0: \Delta = 0$ $H_a: \Delta \neq 0$ at α

In fact only interested in: $H_0: \Delta \ge 0$ $H_a: \Delta < 0$ at $\alpha/2$



- A non-significant result NEVER implies that the 2 treatments are EQUALLY GOOD
- One can **NEVER** prove that
 2 treatments are **EQUALLY GOOD**
- If we believe that 2 treatments are EQUALLY GOOD, then another design is needed ⇒ EQUIVALENCE TRIAL

Aim: Prove that E is equally good as C

- BUT, this can NEVER be done in practice
- => Practical definition of "equally good" is needed
- Possible practical definition:

2 treatments **do not differ** in effect more than a clinically justified value Δ_E

=> Specify interval of clinical equivalence

Interval of clinical equivalence



Aim equivalence trial: Show that E & C are clinically equivalent

How?

Show that 95% C.I. is INSIDE in interval of therapeutic equivalence



$H_0: \Delta > 1\% \text{ or } \Delta < -1\%$	
H_a : -1% < Δ < 1%	

- Clinical equivalence is often not the aim of a RCT
- Most equivalence trials = bioequivalence trials to compare a generic drug with an original drug to show that they have the "same" PK profile ⇒ PK variables C_{max}, C_{min} and AUC must be "close"
- In bioequivalence trials, often 90% Cl is used
- Δ_E = value such that: "patient will not detect any change in effect when replacing one drug by the other"
- Noninferiority trials (next) are often (wrongly) called equivalence trials

Take home message 2

- If you wish to prove that two treatments are EQUALLY GOOD perform an equivalence trial
- If significant, then only proven that two treatments are ROUGHLY equally good (or bad)

4. Non-inferiority trial Introduction

 Equivalence trials are not appropriate for therapeutic trials, e.g. if E is clearly superior to C then "equivalence" does not hold.



4. Non-inferiority trial Introduction

• What to do?

\Rightarrow **Prove that E is NOT worse than C ?**

- ? E better than C (superiority, but not believed)
- ? E equal to C (not possible to prove)
- \Rightarrow Prove that E is **NOT MUCH worse** than C!
- Specify a margin (upper bound) of what can be tolerated
- = interval of clinical non-inferiority

4. Non-inferiority trial Introduction

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- Showing non-inferiority can be of interest because of:
 - Not ethically possible to do a placebo-controlled trial
 - E is not expected to be better than C on primary efficacy endpoint, but is better on secondary endpoints
 - E is not expected to be better than C on primary efficacy endpoint, but is safer
 - E is not expected to be better than C on primary efficacy endpoint, but is cheaper to produce or easier to administer
 - E is not expected to be better than C on primary efficacy endpoint in clinical trial, but compliance will be better outside the clinical trial and hence efficacy better outside the trial



Interval of clinical non-inferiority

Interval of clinical non-inferiority



Interval of clinical non-inferiority

Aim non-inferiority trial: **Show that E is not (much) inferior to C**

How?

Show that 95% C.I. is inside interval of therapeutic equivalence



Bingham et al.

With 200 patients each in the etoricoxib and celecoxib groups and 100 patients in the placebo group, each study provided an overall power of at least 87% to satisfy the primary hypothesis of non-inferiority between actives, and of actives demonstrating superiority over placebo. This assumes no difference between actives for the three co-primary end points, and active-placebo differences of -11.1, -10.2 and -11.5 mm MAC physical function and PGADS Non-inferiority comparison osseline, respectively, with standard change from deviations of 20.5, 20.1 and 22.0, respectively. To satisfy the primary hypothesis, the following were required: (i) the upper bound of the 95% confidence intervals (CIs) for difference between active treatments (etoricoxib 30 mg-celecoxib 200 mg) was not >10 mm with respect to the TWA change from baseline over 12 weeks for the three primary end points; and (ii) etoricoxib 30 mg qd was superior ($P \le 0.05$) to place to for the TWA change from baseline over 12 weeks for these end points.



Bingham et al.

10mm

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									<u> </u>			
				Non-inferiority comparison						Superiority P-values		



- Non-inferiority trials are quite simple
 - Compare two treatments with a 95% CI
 - If 95% CI is below (above) $\Delta_{NI} \Rightarrow E$ is <u>non-inferior</u> to C
 - If 95% CI is NOT below (above) Δ_{NI} ⇒ E is <u>NOT non-inferior</u> to C
 - Simple!
 - Simple?
 - How to determine the margin?

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

A Comparison of Laparoscopically Assisted and Open Colectomy for Colon Cancer

The Clinical Outcomes of Surgical Therapy Study Group*

ABSTRACT

BACKGROUND

Minimally invasive, laparoscopically assisted surgery was first considered in 1990 for patients undergoing colectomy for cancer. Concern that this approach would compromise survival by failing to achieve a proper oncologic resection or adequate staging or by altering patterns of recurrence (based on frequent reports of tumor recurrences within surgical wounds) prompted a controlled trial evaluation.

METHODS

We conducted a noninferiority trial at 48 institutions and randomly assigned 872 patients with adenocarcinoma of the colon to undergo open or laparoscopically assisted colectomy performed by credentialed surgeons. The median follow-up was 4.4 years. The primary end point was the time to tumor recurrence.

4. Non-inferiority trial Example non-inferiority

RESULTS

At three years, the rates of recurrence were similar in the two groups — 16 percent among patients in the group that underwent laparoscopically assisted surgery and 18 percent among patients in the open-colectomy group (two-sided P=0.32; hazard ratio for recurrence, 0.86; 95 percent confidence interval, 0.63 to 1.17). Recurrence rates in surgical wounds were less than 1 percent in both groups (P=0.50). The overall survival rate at three years was also very similar in the two groups (86 percent in the laparoscopicsurgery group and 85 percent in the open-colectomy group; P=0.51; hazard ratio for death in the laparoscopic-surgery group, 0.91; 95 percent confidence interval, 0.68 to 1.21), with no significant difference between groups in the time to recurrence or overall survival for patients with any stage of cancer. Perioperative recovery was faster in the

Motivation clinical boundary?

The NEW ENGLAND JOURNAL of MEDICINE

CORRESPONDENCE

TO THE EDITOR: Nelson et al. report on the Clinical Outcomes of Surgical Therapy (COST) trial, which compared laparoscopically assisted colectomy with open colectomy for colon cancer (May 13 issue).1 Lapa Unfortunately, the methods described in their arti- tomy cle fail to support the claim of noninferiority 2 for several reasons. First, the authors do not explicitly define a noninferiority boundary. Second, the statistical methods described in the article are those of a failed superiority trial rather than a noninferiority trial. Third, one approach to demonstrating noninferiority is to show that the upper limit of the onesided 95 percent confidence interval for the hazard ratio is less than the noninferiority boundary. We have calculated that this value is 1.16 for the risk of death and 1.11 for the risk of recurrence with laparoscopic treatment.

4. Non-inferiority trial Determination of margin (A_{NI})

- Two ways to choose the margin Δ_{NI} :
 - Direct comparison (clinical reasoning): E ⇔ C
 - Δ_{NI} is determined on clinical reasoning
 - Indirect comparison (putative placebo): E ⇔ P(lacebo) via C
 - Δ_{NI} is determined on statistical reasoning
 - **Combination:** E ⇔ C & E ⇔ P via C
 - Δ_{NI} is determined on clinical & statistical reasoning



Example SK versus rt-PA

- Thrombolytic example:
 - Choice of Δ_{NI} = 1% can be driven by different reasonings (clinical, statistical, clinical & statistical)
 - Clinical: 1% = largest difference
 Rarely used
 without causing concern
 - Statistical: 1% = difference => safely conclude E better than P
 - Combined: 1% = difference =>
 Safely conclude
 E better than P & without causing concern



Margin determined clinically

- Determine Δ_{NI} clinically:
 - Consensus on △_{NI}? Not easy when YOU are performing the first non-inferiority study in that therapeutic domain (e.g. malaria study)
 - Possible to find a clinically acceptable △_{NI}? Difficult to justify (purely on clinical grounds) in a mortality trial (e.g. ASSENT II study)

Establishing margin on **purely** clinical arguments is difficult

Margin determined clinically & statistically

• Determine Δ_{NI}

- Determine difference of C ⇔ P by e.g. a meta-analysis
 => 2% better
- Determine 95% C.I. around 2% equal to, say, [1.7%, 2.3%]
- Then E can be at most 1.7% worse than C to guarantee (with 95% confidence) that E is better than P
- Thus ∆_{NI} < 1.7%



• Check if 1.7% is clinically acceptable, if not \Rightarrow lower Δ_{NI} (to say 1%)



Some considerations

- C must have a well-established, predictable, quantifiable effect
 - Multiple placebo-controlled RCTs must be available
 - If not, then there is always the risk that E cannot be "proven" better as P
- Constancy assumption
 - C \Leftrightarrow P effect remains the same

4. Non-inferiority trial ASSENT II study-1

- ASSENT II (one of the 1st NI trials in the area) RCT comparing single-bolus tenecteplase (E) with accelerated infusion of alteplase (C) in acute m.i.
- Primary endpoint = 30-day mortality
- When $\Delta_{NI} = 1\%$, region of non-inferiority



4. Non-inferiority trial ASSENT II study-2

- Problem with non-inferiority region: for small mortality rates under alteplase, the allowable relative risk is too high.
- Let NI margin depend on true alteplase result: change-point at 7.2% (GUSTO III study)





Questions

- How was absolute difference = 1% chosen?
- How was **rr** = **1.14** determined?

Determination of margin in collaboration with FDA

- Δ_{NI} = 1%: because of GUSTO-1 trial: alteplase was 1% better than SK and SK has proved to be better than placebo + taking 90% confidence intervals into account
- $rr_{NI} = 1.14$, a result of the Fibrinolitics Therapy Trialists metaanalysis showing the effect of SK + effect of rt-PA versus SK from GUSTO-1 study + taking 90% confidence intervals into account.



Results:

- 90% C.I. was used instead of 95% C.I. (early NI trial)
- Endpoint = 30-day mortality
- E (tenecteplase): 6.16%
 C (alteplase): 6.18%
- rr = **0.997**
- 90% C.I. = **[0.904**, **1.101]**

Conclusion: E not-inferior to C

4. Non-inferiority trial Malaria study-1

An open randomized multi-centre clinical trial in Africa, comparing 3 artemisinin-based combination treatments:

- (1) ASMP (fixed dose over 3 days)
- (2) ASMP (fixed dose over 24 hours)
- (3) Artemether-Lumefantrine (AL) (fixed dose over 3 days) on Plasmodium falciparum malaria

ASMP fixed dose over 24 hours is easier to administer

Main objectives

- 1. To test the hypothesis that ASMP as fixed dose administered over 24 hours is **not inferior** in efficacy to the same drug administered over 3 days, measured by the primary endpoint: PCR corrected ACPR on day 28.
- 2. To test the hypothesis that ASMP as fixed dose is **not inferior** in efficacy to AL as follows

Malaria study-2

For the first non-inferiority analysis:

- H₀: True proportion of cured patients treated with ASMP on 3 days
 - True proportion of cured patients treated with ASMP on 24 hours \geq 6 %

The corresponding alternative hypothesis is:

- H_a: True proportion of cured patients treated with ASMP on 3 days
 - True proportion of cured patients treated with ASMP on 24 hours < 6 %

In early studies with the combination AL, recrudescence of malaria on day 28 was found to be low and varies between 0 and 5%. Re-infection is however sometimes rather high and can vary from 1 - 20 %, particularly in areas with high malaria transmission pressure (Mutabingwa et al., 2005). In some more recent studies, recrudescence was found to be 6 and 8 % respectively (Falade, 2005 and Martensson, 2005).

We conclude that, taking into account the studies obtaining a recrudescence of 0 to 5% and the studies mentioning a **recrudescence of 6-8%**, a non-inferiority interval bounded by 6% can be motivated. Although, the exact choice of the clinical difference is difficult to make.



- Analysis population
 - Superiority trial:
 - Standard analysis is based on ITT (intention-to-treat) population
 - Reason = because of conservative effect of ITT approach
 - Non-inferiority trial:
 - ITT analysis is **NOT conservative**: dropouts and bad conduct of the study push the results of the 2 arms towards each other
 - **PP (per-protocol) analysis** is **preferred** but does **not** provide the ultimate answer
 - Pragmatic approach: do PP & ITT analysis

Sample size calculations

- Sample size calculations
 - Superiority trial: n depends on (among other things) on $\Delta_s =$ the clinically important difference
 - NI trial: n depends on (among other things) on Δ_{NI} = the upper-bound for non-inferiority
 - When $\Delta_s = \Delta_{NI}$ the sample sizes are equal
 - Δ_s for a superiority trial must be greater than Δ_{NI} in a NI trial \Rightarrow sample size of NI trial > > sample size of superiority trial



Sample size calculations

- Non-inferiority & superiority in the same trial
 - Applied to the same population (ITT or PP)

Non-inferiority & superiority are tested both at 0.05 (no penalty) because of Closed Testing Principle

When non-inferiority is applied to PP & superiority to ITT
 First non-inferiority & then superiority: no penalty
 First superiority & then non-inferiority: penalty (multiplicity adjustment)

CONSORT guidelines

Reporting of Noninferiority and Equivalence Randomized Trials An Extension of the CONSORT Statement

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HE CONSOLIDATED STANdards of Reporting Trials (CONSORT) statement was developed to alleviate the problem of inadequate reporting of randomized controlled trials (RCTs),¹⁻⁴ which has been associated with biased treatment effects.⁵⁻⁷ The statement comprises evidence-based recommendations for reporting RCTs, including a flowchart of participants through the trial.

CONSORT's primary focus is on par-

The CONSORT (Consolidated Standards of Reporting Trials) Statement, including a checklist and a flow diagram, was developed to help authors improve their reporting of randomized controlled trials. Its primary focus was on individually randomized trials with 2 parallel groups that assess the possible superiority of one treatment compared with another but is now being extended to other trial designs. Noninferiority and equivalence trials have methodological features that differ from superiority trials and present particular difficulties in design, conduct, analysis, and interpretation. Although the rationale for such trials occurs frequently, those designed and described specifically as noninferiority or equivalence trials appear less commonly in the medical literature. The quality of reporting of those that are published is often inadequate. In this article, we present an adapted CONSORT checklist for reporting noninferiority and equivalence trials and provide illustrative examples and explanations for those items amended from the original CONSORT checklist. The intent is to improve reporting of noninferiority and equivalence trials, enabling readers to assess the validity of their results and conclusions.

JAMA. 2006;295:1152-1160

www.jama.com

4. Non-inferiority trial CONSORT guidelines

Figure. Possible Scenarios of Observed Treatment Differences for Adverse Outcomes (Harms) in Noninferiority Trials



A bit of mathematics

- $A = B \& B = C \implies A = C$
- $A < B \& B < C \implies A < C$
- $A \approx B \& B \approx C \implies A \approx C ???$
- A ni B & B ni C \Rightarrow A ni C ???
- A ni B & B ni C \Rightarrow A ni P ??? (biocreep)

Take home messages

- Non-significant result with a superiority trial is NOT a proof of equality
- Goals for the three designs are different:
 - Superiority trial: (say) E is <u>better</u> than C
 - Equivalence trial: E is not too different from C
 - Non-inferiority trial: E is not much worse than C
- (Equivalence and) non-inferiority depend on choices of the trialist:
 - Interval of clinical (equivalence) non-inferiority
 - 90% ⇔ 95% C.I.
- NI trials
 - Make life complicated \Rightarrow if possible use placebo-controlled RCT
 - Unethical ? (Garattini & Bertele, The Lancet, 2007)

NI trials unethical?

- If no better performance of E versus C is aimed at, is trial ethical? (Garattini & Bertele, The Lancet, 2007)
- Some arguments:
 - Always try to reformulate non-inferiority design into superiority design ... if necessary change set up of study or endpoint ...
 - Which boundaries to take?
 - Commercial aims ≠ patients' interests
 - What to write in informed consent?

... study is potentially less efficacious but costs less ... for the company ... ?

• Lively discussion after appearance of the Lancet paper ...

Tips for reading (NI trials)

- Look carefully at the definition of non-inferiority. This is of crucial importance for the appreciation of the result.
- Check if definition of non-inferiority is well justified for a clinical viewpoint.
- When comparing non-inferiority studies, check that definition of NI is the same
- Check the conduct of the trial: All aspects which reduce the quality of the trial will help "showing" not-inferiority!
- Non-inferiority **CAN NOT** be defined/claimed a posteriori!